## Essència Mito Mediterrània Restaurants



We're lovers of our land, its culture, its traditions and its gastronomy. We have **more than 20 years** of experience serving our customers and friends in **Mallorca**.

We are direct descendants of **several generations** of **farmers and fishermen**. For years, we have devoted ourselves learning the ancestral trade of fishing. At the present time, we preserve our artisanal fishing boat and we take care of the fields inherited from past generations, which enables us to offer **zero-mile products** distinguished by its cuality, sustainability and environmentally friendly. Thank you for spending your time enjoying the true essence of the Mediterranean.

## SPECIAL GRILLED FISH AND SEAFOOD Minimum 2 persons (45€ p.p)

STARTERS	(VAT Included) €
	A STATE
ANCHOVIES FROM "LA ESCALA"	14.00 €
With virgin olive oil (8u)	
GRILLED RED PRAWNS	22.00 €
With coarse salt	
GRATINED SCALLOPS (ZAMBURIÑAS)	14.00 €
Con alioli de ajo asado (4u)	
ASSORTED CROQUETTES (60)	14.00 €
HUMMUS WITH CRUDITÉS V	12.50 €
With seasonal vegetable	
CHEESE BOARD (SELECTION)	18.00 €
IBERIAN HAM BOARD	24.00 €
MIXED BOARD	24.00 €
CONFIT ARTICHOKES	14.00 €
FROM THE EARTH	(VAT Included) €
	Mark Salts
ROAST SUCKLING PIG with roast potato	24.00€
PORK CHEEKS	20.00 €

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PORK CHEEKS	20.00 €
Served with carrot cream	Contraction St
DUCK CONFIT	22.00 €
Served with orange sauce	
SIRLOIN MEDALLONS	28.00 €
Served with mustard sauce	States Light Pro

## **FROM SEA** (VAT Included) BASS 26.00€ WITH ROASTED CAULIFLOWER CREAM COD CONFIT 25.00€ WITH HUMMUS AND "SOBRASSADA OCTOPUS LEG 25.00 € SERVED WITH ROSEMARY SAUCE TUNA TATAKI 24.00 € **OVEN BAKED TURBOT** 26.00€ WITH POTATOES AU GRATIN

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FROM ORCHARD	(VAT Included) €
	STAN STATIST
SPROUTS SALAD	17.00 €
WITH GOAT CHEESE & WALNUTS	
SPROUTS SALAD	19.00€
WITH TUNA BELLY	
SPROUTS SALAD	16.00€
WITH CRUNCHY CHICKEN	
PASTA WITH PESTOV	18.00 €
WITH ALMOND & MAHON CHEESE	

5 COURSE TASTING MENU 42 € p.p

WITH PRE-BOOKING 24 HOURS BEFORE